

Books  *Literary
Criticism*

TEXT OF
WE ARE GOD

Comments of Jorge Bas Vall. Editor

We Are God speaks of who we really are.

Who we are does not refer to our appearance, to our character, or to our individuality that we have created, it refers to our true Nature.

Our Nature is what corresponds to us as Humanbeings. Our true capacity as Humans.

And not only what the capacity of a brain, a body, a mind, and a sense of self supposes.

We are talking about our Nature as Human beings who participate in the Infinity of everything Created, the Absolute Manifested, and of the Infinity of the origin of everything Created, the Absolute Unmanifested.

We have an Infinite Nature of which we are not yet aware. We Are God explains our true Nature as Humans, shows our profound ignorance about it, and shows us what the Philosophical and Psychological research has been throughout History about our Nature as a Human beings. Positioning ourselves in our true Human Nature is a personal and nontransferable act.

This book does not intend to indoctrinate anyone, the only thing that it intends is to respect the freedom of all. Wanting to integrate with our true Nature, the Infinite, it is a personal decision.

We Are God only informs about our current position as humans and what is the way to transform ourselves into what we really are: Our true Nature.

Different chapters of the book

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8. Towards the Infinitude

We are the Infinitude ourselves.

When the Greek transmit us the already mentioned magic Aphorism of *Know thyself*, they aren't speaking of discovering something we don't know, they speak of being what we always have been. They invite us to become aware of what is our true Nature.

This precept has been ignored for millenniums for the simple reason that the idea we have of ourselves, the one we fabricated, is very far from what we are, and because what we are is very far from what we can imagine.

We have witnessed many of the fantasist definitions they have been giving us depending on how we behave and what we look like. Nothing constituent or substantial. Just superficial descriptions of the way we react, but now a more biological nuance should be added.

If we invented our identity, our sense of I, and our ego, by thinking, we fabricated it with a number of ideas we conceived by ourselves and gave for good, this coupling puts in evidence that our sense of *self* comes from a very special organ, an adorable brain that has a powerful capacity to think.

Are my brains me?

“Yes, your brain is what the mind generates with its thoughts and its feelings. You should understand that we owe our way of being to the nature of the brain, that is where is built what we are”.

Insists the director of the Center for Cognitive Neuroscience of Dartmouth College.¹

This puts us in front of a very primitive, and even a little inhumane, reality, the evidence that without our brain we would be nobody.

We knew it. It is proved in a every time more alarming way with the growth of an illness which increased a 70% in the last decade. Alzheimer's disease (AD), this cognitive deterioration that threatens old age.

¹ LA VANGUARDIA. 03/09/2012. *La Contra*. Interview of Inma Sanchís with Michael S. Gazzaniga, father of cognitive neuroscience. Fragment.

Dementia is this sensation of disappearance of you, while you remain, defines perfectly the neurologist Teresa Gomez Isla, when she describes the incapacity of the cerebral cells to continue sustaining the identity, we always created ourselves.²

The body remains, but the fabricated idea of the self disappears.

It was a fake, conceptual self, based on the memory.

You are your memory. Know yourself, explains Psychiatrist Luis Rojas Marcos to us. He explains that to know our memory is to know ourselves, and that without memory we are nobody. A little surprising at this point.

But he is right if we start from a subject that only knows the fictitious identity he created with the memory of the past and his imagination of the future. What the human being knows so far.

*In the end, the memory defines who we are. Therefore, it is so hard for us to imagine a life devoid of memories, a life without sense of time or space, where neither things nor symbols would have a meaning, a life without a course of past or consciousness of the future.*³

Hence the drama pointed out by Neurologist Teresa Gomez Isla. When the brain stops remembering, the subject based on the memory disappears and a body remains which is nobody.

The Dementia.

But here we don't speak of this horrible conception of the human being. We speak of leaving the body and being the very Infinitude.

We speak of dissolving the ego, the idea we have fabricated of our identity. We speak of leaving the memory of the past and the imagination of the future behind, of abandoning the structure of space and time, and live in an eternal *now* and an omnipresent *here*.

We speak of dismantling the personality based on our reactions to desire and fear, and of renouncing a somebody that is nobody. That not even exists.

² ***“La investigación es siempre caballo ganador”***.

Teresa Gómez Isla. *El País Semanal*. 04-12-2011.

Interview of **Lola Huete Machado**

³ *Eres tu memoria*. Luis Rojas Marcos. Espasa Libros S.U.L. 2011

We speak of being pure Infinitude, of being Everything, and of not depending on the body or on its rational capacity.

And the question of the big paradigm is:

What will become of the Infinitude when the brain fails?

And the answer to the question of the big paradigm is:

The subject that inhabited this brain already died long ago.

The subject that inhabited that body isn't here anymore, not even a vestige remains of that individuality. The subject already integrated with the Self in a dimension where the Infinitude is the fundamental essence. The Infinitude will continue being the Infinitude without needing a body or a brain to sustain it. The Infinitude is pure Self-sufficiency. That body was just a material image of itself, a temporary strategy without any consistence.

This definitively opens the door of Immortality for the Humans, and of Happiness for all the elderly persons with cognition problems, of loss of the references accumulated in the memory. If their sense of personality, of individuality, of ego, is no longer sustained by the activity of the brain it is because it integrated with the Self and has transcended to the Absolute.

Their kingdom is not of this world anymore, we have resolved the problem of senile dementia. Now the true Nature of the person is the Consciousness that exists in the most elevated of the Creation.

The person will have *died* before going insane and will continue to live happily being the very Infinitude.

We should remark that, in this particular case, we still move in the field of hypothesis, because there is no investigation that would back this statement.

There comes a moment that instead of getting old you become Eternal. The body will grow old, yes, but when you are Eternal, you have nothing to stand out with a body anymore: it is there, but you are not.

Hence, almost without doubt, that enigmatic sentence of Jesus of Nazareth: *Whoever wants to save his life will lose it, but whoever loses his life because of me will save it.*⁴

Obviously, here is no talk of ideologies, but the message is very simple and wise. We must abandon the limitation of the human

⁴ Lucas 9 : 24

being, try not to conserve it, and accede to the Nature that truly corresponds to us. The Infinite.

Our true dignity of Humans consists in being Infinite, Eternal, Immortal, but here, alive.

Walking around.

Who dies without being immortal will be born again as a mortal. Death is not the door to Immortality as many suppose, it is the door to another mortal existence where perhaps will be realized the Immortality that wasn't realized in the one before.

In other words, though it may be shocking and paradoxical, you should die being Immortal. If not, you will die a fake death.

Everything very marvelous, but if we should transform ourselves into something we cannot conceive, and not even imagine, where do we start?

Well, the first thing we must do without delay is wipe us out. Disappear, vanish.

This essay seems a hoax, but it isn't.

All the contrary, it proposes to pull us out of the biggest hoax we got ourselves into believe that we are somebody that really exists and whose name is Mr. So-and-so.

Claudio Naranjo, a Chilean Psychiatrist, one of the promoters of the theory of the Enneagram we saw, founder of the program Searchers after Truth (SAT), focusing on promoting self-knowledge and personal development, integrating oriental and occidental tools and disciplines, responds as follows in an interview of Borja Vilaseca, titled: *The man of today continues being a slave.*⁵

—How is it possible for human beings to dehumanize?

Every human being counts with two antagonistic forces in his interior. One is the false I, better known as EGO or personality, related with ignorance, lack of consciousness, egocentricity, dissatisfaction, and fear. The other is the true I, our true essence and is connected with wisdom, consciousness, wellbeing, and unconditional love. Any person not connected to his essence is on the way to dehumanize, because little by little he forgets and

⁵ El País. 16 Febrero 2009. Economía.
Interview of Borja Vilaseca. Fragment.

alienates his true values, what affects his way of thinking, of living and of relating himself with others.

—How do we know that a person lives identified with his ego?

It is easy: in the first place because, despite doing and having all sorts of things, he feels an INTERIOR VACUUM as if he would miss something essential to live in peace. For all the accumulated pain, he finally disconnects himself from his true humanity. From the ego, persons act moved by fear and the need for physical and emotional survival. Their objective is to achieve that the reality adapts to their desires, needs and selfish expectations, what brings them to live a life, marked by senselessness, discontent and the constant need for evasion and narcotization of themselves.

—Why prevails the dehumanization of the companies and the society?

Because for many decades we have been conditioning the human beings with false beliefs about who they are and what is their relationship with the world. Due to ignorance prevailed the ego, since we built a competitive, aggressive, avaricious, superficial, dissatisfied, dull and ambitious society, which in turn continues to condition the new generations to preserve the establishment.

—And what is your proposal?

A radical change in the process of human education. Now, the egoic conditioning prevails, which provokes that man continues being a slave. In turn, an education based on our true nature potentiates the development of our consciousness, which frees us from the false beliefs accumulated by the ego, and which limit our existence so much.

The economic crisis only reveals our crisis of conscience. It is an indicator that something is functioning very badly.

—You used to speak of the search for the truth.

All the great wise men of the humanity, like Buddha, Lao Tse, Jesus Christ, or Socrates, said the same: the sense of life is to learn to transcend our egoism and egocentrism so we can see the others and the environment that surround us as a part of ourselves. There exists no fragmentation, only Unity: we are all one. To search for the truth implicates questioning the received sociocultural conditioning in order to recover the contact with our true Nature.

It is no symptom of intelligence at all to adapt ourselves to a deeply ill society like the present. The leader the companies need to make a better reality should be, in the first place, a conscious, free, and wise person.

Definitely a very right criterion and a clear intuition of progress, though still from a mental point of view.

From now on we will focus on the struggle as Psychiatrist Claudio Naranjo proposes between the *false I*, better known as ego or personality, and the *true I*.

The true crux of the matter, to be exact.

At last we are putting on the table one of the big incognita of the humanity, one of its impenetrable unsolved enigmas, one of its millenary aspirations.

We said still from a mental point of view because Claudio Naranjo still presents the enigma of the confrontation in terms of Duality, the only possible alternative of the mind, and here we completely discard whatever duality, we not even speak of any sort of confrontation: there only is a false I, better known as ego or personality, and there is nothing else.

The rest is Everything. A pure Infinitude which has absolutely nothing to do with any I. Whether *true I*, or *false I*.

That of the present means deconstruct our own concept of reality, abandon the logical structure, stop to consider essential the proper capacity to think, and definitively forget about our precarious identity, with the purpose to identify ourselves with the very Infinitude. Be the Infinitude.

Does this mean that we will be left without I, without any personality, as if we had disappeared?

Yes, and we will never have felt better.

Oh my God...